

UNIVERSITAS AIRLANGGA Excellence with Morality



Indonesian — TRADITIONAL — Medicine and Cultures

# Welcome to Surabaya, Indonesia!

Indonesia is an archipelagic country stretched across the equator, with biodiversity in natural resources, both its flora and fauna. Among the countries which have the largest number of population, Indonesia has a dynamic economy, diverse cultures, and robust society.

Surabaya is well known as the city of hero, and strategically located right in the center of Indonesia. As a metropolitan city in the eastern part of Indonesia, Surabaya is the commercial and administrative capital city of East Java Province; a thriving business and industrial center and the province's main port. Travelling from Surabaya, which has an international airport, is very convenient, besides, there are many breath-takingly beautiful tourist destinations that can be reached easily from Surabaya such as Mt. Bromo, Yogyakarta, Lombok and Bali.

Universitas Airlangga (UNAIR), located in Surabaya, established on 10 November 1954, currently has 14 faculties and one school of postgraduate, ranging from basic sciences, medicine, and social sciences. Its vision is to become an independent and innovative university regionally and globally, a forerunner of science development, technology, humanities and arts based on excellent morality and religions.



Indonesian traditional medicine plays an important role in supporting a health care system in Indonesia. It is popular known as Jamu and it has been used through generations for its benefits and it costs very cheap. This program has been designed to give general and detail overview on Indonesian Traditional Medicine.

Universitas Airlangga through such efforts of the Faculty of Pharmacy is able to share the knowledge on Jamu. The course is aimed to build the knowledge base for active management of traditional and complementary medicine through appropriate policies and to make an understanding on the philosophy and application of the medicine. Also, It aims to give the participants of the program a better understanding on the preparation of herbal materials and production of Jamu.

It will be quite challenging necessary to enhance the performance of Jamu, especially in order to be able to use it more effectively in the primary health care systems. Nowadays, most universities and research institutions have conducted research to expand the understanding of the education and research of medicines. Some field trips will help students to understand better about the importance of good quality herbal materials as a prerequisite in serving a good quality of traditional medicine.

The topic of Indonesian traditional medicine consists of learning the basic concept of Indonesian Traditional Medicine, the herbal plants for medical purposes, and recent development of Indonesian Traditional Medicine. The studies are conducted through various methods, including classes, laboratory works, and field trips.

#### Airlangga Summer Program

Airlangga Summer Program 2016 opens for 40 targeted international students who are interested Indonesian traditional medicine or herbal medicine and Indonesian Language and Cultures. Both are earnable and transferrable credits; 4 credits each.

First, it emphasizes on the learning variety of herbal medicines, including local and scientific names, and the uses for health. It focuses on understanding the process of Jamu medicines production, including harvest and post-harvest of plant-based materials, extracting and mixing methods, packaging and distributing of the medicines. It delivers you to look closely to the process of making Indonesian traditional medicine in a scientific way; observe and learn about the role of Jamu in the health care system of Indonesia. Students can understand how to make traditional medicine from natural resources product and look closedly on traditional producer of Jamu.

Second, it also offers Indonesian Language and Cultures class. Students learn about Indonesian National Language, called Bahasa Indonesia, and some Indonesian cultures; both for traditional and urban culture. Students will have a chance to learn a traditional dance; Javanese traditional instruments, called Gamelan; and also the famous traditional clothes painting, Batik. During some free times, students will be guided to play traditional games.

This short program combines some interactive classes, workshop, laboratory, field trips and also a cultural trip to the volcanic mountain of Bromo.

### **Program Venue**

Universitas Airlangga Kampus B Jl. Airlangga Surabaya 60286, Jawa Timur, Indonesia

#### Timeline and Schedule

| Application Deadline    | 02 May 2016        |  |  |
|-------------------------|--------------------|--|--|
| Announcement            | 09 May 2016        |  |  |
| Payment Deadline        | 31 May 2016        |  |  |
| Accomodation check in   | 24 July 2016       |  |  |
| Program Duration        | 25 July - 5 August |  |  |
| Accommodation check out | 06 August 2016     |  |  |

#### **Program Fee**

Program Fee Accommodation USD 500

Included (3-Stars Hotel)

#### What You Will Get

- Courses:
  - 1. Jamu Class
  - 2. Indonesian Language & Culture
- Field Trips:
  - 1. Materia Medika Botanical Garden
  - 2. Mangrove Ecotourism
  - 3. Urban Hydroponic
- Cultural Trips:
  - 1. Bromo Mountain
  - 2. Madakaripura Waterfall
- Meals, snacks, and transportation during the program and field / cultural trips
- Certificate of participation and Academic Transcript
- Learning about Indonesian traditional music instruments (Gamelan), traditional dance and games

### **Payment Information**

Name of Account Account Number Bank Branch Swift Code Rektor UNAIR 141-00-00-10-111-3 Bank Mandiri KK Surabaya, Indonesia BMRIIDJA

Wire Transfer (after notification of acceptance)

## **Requirements**

- Undergraduate students, limited for 40 participants ONLY
- CGPA: minimum 3.00 out of 4.00 or equal
- English proficiency score\*:
  - IBT : minimum 70
  - Paper based TOEFL : minimum 500
  - IELTS : minimum 5.0

\*) Students who are from the institution whose medium of instruction is in English are not required to submit the above English requirements

## **Application Process**

- 1. Fill the online registration form: http://j.mp/unairasp2016
- 2. Send the following required documents:
  - A recommendation letter from home university
  - A letter of consent from your parent or guardian (if needed)
  - A certified copy of CGPA (Academic Transcript)
  - A copy of passport
  - Copy of TOEFL/IELTS/any other English proficiency certificate
  - The required documents are to be emailed to: summer@iop.unair.ac.id with email subject "Your Name ASP2016"
- 3. Wait for acceptance notification by email
- 4. Transfer the payment

## **Program** Benefits

- Experiencing making of Indonesian Traditional Medicine and herbal plants, its development through time to time, the scientific explanation of its benefits;
- Fun cross culture experience with other local and international students from other countries;
- Applicable knowledge of some short courses; Indonesian language, traditional games and dances.

MALAN WAR CONTRACTOR

## **Program Schedule\***

| Sun  | Mon   | Tue   | Wed  | Thu               | Fri   | Sat  |
|--|---|---|--|-------------------|---|--|
| July 24<br>Official<br>Arrival<br>and<br>Acommodation<br>Check-in                            | July 25<br>Orientation &<br>Welcoming<br>Reception<br>Class         | July 26<br>Class  | July 27<br>Traditional<br>Market<br>(Pasar Genteng)<br>Class | July 28<br>Class  | July 29<br>Class<br>Departure<br>to Mt. Bromo | July 30<br>Mt. Bromo<br>Sunrise &<br>Trail<br>Strawberry<br>Picking<br>Madakaripura<br>Waterfall |
| July 31<br>Urban<br>Hydroponic<br>Vegetable<br>Plantation<br>Mangrove<br>Ecotourism<br>Visit | August 1<br>City Tour:<br>Bahasa<br>Indonesia<br>Daily Use<br>Class | August 2<br>Visit to<br>Materia<br>Medika Batu<br>Malang<br>Class | August 3<br>Class  | August 4<br>Class | August 5<br>Farewell                          | August 6<br>Official<br>Departure<br>and<br>Acommodation<br>Check-out                            |

\*) The program schedule is subject to change

Complete program schedule can be accessed on http://j.mp/unairasp



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No. 1 for Research Impact in Asia based on citations per paper (QS Ranking in 2014)



No. 3 for Indonesian University ranking based on QS (no. 127 in Asia) in 2014

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